



## Volunteer Agreement & Release

Company/School/Organization: \_\_\_\_\_  
Name: \_\_\_\_\_ Day Phone: \_\_\_\_\_  
Parent or Guardian if applicable: \_\_\_\_\_  
Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
Email Address: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Day Phone: \_\_\_\_\_

I, the undersigned, wish to volunteer my services to various projects through you, the Community Food Bank of Central Alabama, an Alabama nonprofit corporation ("Food Bank"). In consideration of your locating, arranging, coordinating and/or making available volunteer opportunities, I hereby agree and release you as follows:

I acknowledge and agree that the nature of the volunteer services which are typically performed by Food Bank volunteers, and which may be performed by me as a Food Bank volunteer, may involve (a) physical activity (including without limitation work with heavy tools and materials), (b) contact with unidentified and unfamiliar persons, (c) travel to and from various unspecified locations, and (d) other potential risk of injury. Notwithstanding the preceding sentence, I willingly and freely agree to volunteer and hereby assume any and all risk, with respect to any liability of Food Bank for such risk, including without limitation risk of any accident or injury to person or property which I may sustain in connection with my participation as a Food Bank volunteer or in any Food Bank related project or activity.

The undersigned hereby releases you and your directors, officers, partners, agents, employees, successors, assigns, licensees, sponsors, donors, volunteers, representatives, guests and affiliates (collectively, the "Food Bank Related Parties") from and covenants not to sue you or any Food Bank Related Party for, any and all claims and causes of action, whether known or unknown, arising out of, based upon or relating to my participation as a Food Bank volunteer or in any Food Bank related activity or project.

I understand that the nature of my efforts will be purely voluntary and not for any monetary gain. I recognize that all of my time and effort is for charitable causes and I hereby further release the Food Bank from any claim by me, my successors, and assigns for compensation and remuneration.

I further irrevocably grant to Food Bank, its assigns and successors, my consent and full right to use my name, photograph, likeness, image, voice and biography in any and all media, publications, advertising, and publicity, in connection with my participation hereunder.

This release shall insure to your benefit, as well as to the benefit of your successors, licensee, agents, employees, affiliates and assigns. This release shall be governed by the laws of the State of Alabama.

I **do not** wish to receive information about future volunteer opportunities and/or events.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_  
(If under the age of 18 years old, this document must be signed by a legal guardian.)

### **Volunteer Policy Regarding Minors**

Volunteers under the age of 18 years old must be accompanied by at least *one adult for every five youth present*. Children under the age of 9 years old cannot volunteer in the warehouse due to safety concerns.

#### **For volunteering offsite (e.g., at a Mobile Pantry distribution):**

Volunteers under the age of 18 years old must be accompanied by at least *one adult for every three youth present*. Children under the age of 9 years old cannot volunteer offsite with the Food Bank due to safety concerns.